### As it seems to me

The Universe or Universes and the World exist. I exist. I conclude that there must be a Creative Force.

Ever since human beings became conscious of self, there have been thinkers amongst them, who have contemplated three great questions: -

How do we come to be here?

Is there an intelligence behind creation?

Is anything required of us in life?

Over the years, these thinkers have been progressively known as priests, philosophers and scientists, whilst amongst most ordinary people, until very recently, a strong conviction has remained that there is some sort of creative spiritual intelligence "out there".

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### 1.How do we come to be here?

### Religious thinking

What is a religion?

A system of rules of behaviour for mankind on earth, which are thought to have been decreed by a god or gods.

In the beginning, Thinkers having no knowledge of science or technology, postulated the existence of gods to answer these questions. Quite naturally they thought of them anthropomorphically, as there was no other way of thinking available at that time for envisaging an immaterial intelligence. They often believed in many gods, but usually also in a king of the gods.

By observation they sought to find out what pleased the gods. From these observations evolved systems of religious practises, laws and rules for life, which they believed pleased the gods or averted their anger. These observations were at the very root of science and technology.

Underlying all this there must have been the observation that the gods favoured communities in which members cared for and looked after one another.

In the period around 4000BC, there was a flowering of religious thought. Buddha and Abraham belong to this period.

With Abraham came the vision of monotheism. "There is only one God"

In his travels Abraham took this message into Israel. Later some of his descendants were forced to move down into Egypt by famine. After several hundred years they had fallen into slavery and were led out of Egypt by Moses. They travelled slowly for many years up through what is now Jordan. It was during this period that Moses went up Mt Sinai and came down bearing the tablet of the ten commandments. Judaism was born, a monotheistic religion based on the ten commandments.

By the time Jesus was born it had developed into a very hierarchical and strict faith and as in the European Union the Law had been expanded by the addition of myriads of other laws/regulations. Jews earned God's <u>acceptance</u> by adhering in minutest detail to not only the Laws, but also to all the

regulations that had been added to them over the centuries. Failure would lead to condemnation by an angry God

The New Testament tells us that Jesus in his life and teaching brought <u>interpretation of the Law with love</u>. and that by his death and resurrection, He brought the possibility of <u>forgiveness of sins and the belief</u> that we as individuals could communicate directly with Him by the holy spirit/prayer.

#### What can we learn from human evolution

At the start of the development of humankind, people must have been amongst the most defenceless of creatures. They had no defensive features such as large teeth, claws or tusks. They could not run or swim very fast nor could they climb trees well or swing through the tree tops. They probably formed small family groups living beside lake or sea on fish and other seafood as well as leaves, roots, fruit, nuts and any small creatures they could catch.

What did set them apart was the development of adposed thumbs. This enabled them to become users of tools. At first these would have been very simple, just stones and sticks, but the "thinkers" amongst them developed technical skills to improve their tools for domestic purposes, hunting and defence.

Before the ability to talk developed, they like other animals would have communicated mainly through the "emotions" and body language, the outward signs they produce. These are processed in the hind-brain and heart. Even today babies gain much of their knowledge of life in this way and can be taught to communicate by sign language long before they can talk.

With the gradual development of the forebrain and the necessary vocal apparatus, the ability to communicate verbally developed.

Beyond the use of simple tools, <u>harnessing the power of fire</u> was the skill that set mankind apart from all other creatures. Initially fire was used for cooking, light, warmth and scaring off other animals.

Over the century's mankind developed the ability to use it in many other ways such as extracting metal from rocks, making tools, weapons and ornaments of bronze and iron and firing pottery.

It gave him steadily increasing ability to control some of the forces of nature.

Today we still use energy derived from fire in our manufacturing, production of chemicals, transport and electronic gadgetry. Much global politics is driven by the competition for energy supplies.

Increasing technical ability was associated with further development of the forebrain, consciousness of self and the need for a long period of maturation during which all this knowledge is passed on to the young.

Human young are born small and helpless, they take years to grow to physical maturity and to learn from their elders the skills necessary for their survival. The "gods" made it abundantly clear that they smiled on those families that stayed together, lived kindly and with respect for one another.

We can think of this as a message from the gods or a law of nature.

These same rules remained the foundation of life as families came together into larger tribal groups for communal defence, hunting, food gathering and rearing the young.

At the root of any system of human community lies this need for people to have empathy for each other and "do as they would be done by". This is at the root of nearly every religion and belief system.

It remains the underlying necessity even today, when we live in much larger and more complex communities. To achieve this, we have to set up some form of **Government. This may be under kings, dictators, religious leaders or democratically elected leaders.** Ideally governments should aim to bring peace and prosperity to their territory and give **maximum freedom under the law to their citizens.** Sadly, these ideals are frequently overridden by envy, greed and ambition for power in all ranks of society.

Whether or not you believe it is purely a Law of Nature, loving and protecting members of your group increases the chances of survival.

### **Scientific thinking**

**From Newton onwards**, with much research, physicists have managed to elucidate many of the rules governing the behaviour of matter suggesting that **the behaviour of matter is like a clockwork machine**.

Biologists from Darwin onwards developed the theory of evolution showing that on this earth, plants and animals have developed by a slow process of evolution starting with the most miniscule and simple life forms like viruses, slime moulds and bacteria and gradually evolving to form the great variety of plants and animals that have adapted into nearly every nook and cranny of the world. With the discovery of the role of genes in the development of organisms, **even the biology of life seemed automated.** 

Biologists, such as Richard Dawkins began to talk in terms of our being merely vehicles for the survival of our genes. God or immaterial intelligence was ruled out. They believe that mankind is the pinnacle of creation, the only intelligent life form. For them there is no possibility of any form of continued existence after death of the body. For this reason, they seek to prolong human life by any means made possible by increasing technical knowledge. They also believe that it is the right of individuals to live their life to the full following their own desires regardless of the effect this may have on others.

Although there were atheists and agnostics before this time their numbers have increased rapidly in response to this way of seeing humans as nothing more than clockwork machines with a finite lifespan and death of the body as a final closure to existence.

As with all belief systems their adherents have subdivided into several strands

The system of morals and ethics of <u>Liberal humanists</u> is very close to that of Christianity. Most of them have grown up in countries, which have had Christianity at the root of their law, ethics and morals for hundreds of years. They attribute their guidance to the "Laws of Nature". Nature here takes the place of the gods postulated by early man. They tend to live useful and kindly lives tolerant of other religions.

In <u>Nazi Germany</u> however, this belief took the form of trying to give Nature a helping hand by encouraging the mating of only blue eyed blonde Germanic types and using it as an excuse to persecute and try to eliminate the Jews.

In <u>Russia</u>, Marx and Engels taught that all means of production should be communally owned by the state with each individual working and receiving goods according to their need, but this very soon became badly corrupted, giving great power to those in control and almost slave like conditions for the ordinary people.

#### The leading edge of scientific thought is moving on.

**Quantum physicists** have moved on from the old certainties of Newtonian physics. They now acknowledge that at the deepest level there is no certainty as to result of an experiment; the law of probability prevails; and that an observer watching an experiment can alter its outcome.

They now tell us that the raw material of <u>the Creative Force is energy</u> ranging from infinitesimal vortices travelling at infinitesimal wave lengths to others travelling at much greater wave lengths, which we humans have detected, for example light waves, heat waves, radio waves, microwaves, x-rays and sound waves.

Vortices coalesce to form particles. The smallest of them is the photon. Slightly larger are quarks and hadrons, which are the building blocks of protons, neutrons and electrons. These in turn associate to give us the many chemical elements recorded in the periodic table.

From these, all the molecules that exist have been formed. They have condensed in many different combinations to form the material body of both the largest and smallest of animate and inanimate objects.

Energy has formed all the stars and planets floating, each within its own place, in a field of immaterial energy. However solid an object may seem, it in itself consists only of miniscule whirling vortices of energy producing their own vibratory signals.

Particles have the ability to communicate instantly with each other across the Universe or Universes.

Accumulations of matter are surrounded by their own unique energy field. School children demonstrate this in the experiment in which they shake iron filings onto a sheet of paper covering a magnet. When they tap the paper, the filings arrange themselves in a pattern showing the electromagnetic field surrounding the magnet.

All material bodies have an immaterial field around them.

<u>In the Biological sciences</u>, cell biologists have shown that it is not the genes that control life. They are merely a set of blue prints for the building materials of life.

The new discipline of epigenetics is showing that expression of the genes is controlled by messages that are received from outside the cell. These dictate to what extent the protein layer enveloping the genes unwraps, which in turn dictates the extent to which any particular gene can be expressed in that cell. It was thought that a single gene was responsible for the building of only one type of molecule, but it now known that as a result of epigenetic activity the variety of molecules that cells can build far exceeds the number of genes. It transpires that the cell membrane is the "brain" of the cell, not its nucleus.

Some of these epigenetic changes can become established in the reproductive tissues. This leads to the possibility of a much smoother evolutionary process than the previously held belief that it proceeds merely by random mutation.

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### 2.Is there an intelligence behind creation?

It seems to me that to assume that the whole process of creation is mindless is arrogant in the extreme. Do we think we are the pinnacle of Creation just because over the millennia we have evolved intelligent minds that have been able to work out slowly some of the rules that govern the development of matter from energy?

# I lost my scientific arrogance when I discovered that we as individuals can tap into the free energy field.

I had long been interested in the biochemistry of symptoms. Following this interest, I used to go to alternative medicine conferences where leading edge doctors, nutritionist and energy healers discussed these matters. I was not particularly interested in energy healing, but at one conference a young American, Eric Pearl, came on stage and seemed to demonstrate quite convincingly that energy healing can indeed work in some cases, In a spirit of scientific enquiry, I decided to go on one of his training course. where I discovered to my astonishment that in a relatively minor way, I was able to help people by his method.

If the brain is dropped into alpha or theta wave level (day dream mode) it can tap into the energy of the immaterial energy field and channel energy to others in the form of congruent/synchronised energy waves.

### I have come to think that this is the power of prayer and love.

I believe that this is the power that Jesus used in His healing miracles and which He taught his disciples to use.

Today open-minded scientists at the leading edge of science are exploring various phenomena that have been said to exist, by adherents of the many different religions, over the course of centuries.

There has been considerable scientific work done on such phenomena as the power of mind over matter, remote viewing, pre-cognition and the ability to make connection with the fields of other people, both living and dead.

All living organisms have their own energy field, which persists within the overall energy field even when the material body is severed from it by death,

It seems that whether we speak of gods, God, Allah, Buddha or the laws of nature, there is an immaterial, spiritual intelligence behind creation and that we as humans can tap into it.

# The aspect of the Creative Force, which I find of deepest interest is the creation of life on Earth We still have no understanding of THE ORIGIN OF LIFE.

We do not understand how a "new life" is created in an embryo when sperm and ova unite, nor do we understand the elaborate signalling process by which development of the embryo is controlled

How did this ability to eat (absorb energy), grow and reproduce appear?

We are still only on the fringes of understanding the complexity of the signalling within the human brain, which controls the activities of some fifty trillion cells

We humans have worked out some of the rules that guide the behaviour of energy and matter, but what is their source? Does it lie in Energy itself or some Creative Power behind Energy?

These queries suggest an intelligence either within energy or behind it.

It is unlikely that we shall ever know the answer to this question during our life on earth.

I conclude that there is an immaterial spirit or force that guides the development of life and gives guidance as to how we should live. Whether we envisage this anthropomorphically as gods, God, the source of all energy and the rules which govern it, or as the Laws of Nature depends on the period and geographical area into which we are born.

### Is anything required of us in life?

When thinking about this issue, I ask myself the following questions.

### What would I be prepared to risk my life for? Why would I do it?

(This presupposes that I would have the necessary courage, when the emergency arose. It is hard to be certain of that, however much I would like to think I would.)

My lover	. Romantic and sexual love
My husband or wife?	Conjugal love
My children	Parental love
Other members of my family?	Family love.
My friends	Loving friendship
My comrades in a difficult or dangerous situation?.	. Loyalty/ sympathy with comrades
Other unknown children or adults	Empathy with all humanity.
Someone I do not like or agree with	Empathy/kindness to a fellow human being
An animal	Respect for all life on earth
My country, its people and values?	Love of birthplace, its people and values.
My religion?	Attachment to a deeply held core belief.

If the answer to any of these questions is "Yes", Then the emotion at the heart of it is "love" In one of its many forms. (The English language is sadly lacking in words to express the many subtle variations of love.)

This gives me the conviction that there is a non-material intelligence that urges me to hold "love" as more important than my life. If not, why don't I simply live an entirely selfish life thinking only of "self" and ignoring the harm it might do to others.

### I believe that having a deep empathy with all people on Earth is required of us.

I was born into an Anglican family and am still connected to the Anglican church, I find many good people within the Church and I still enjoy their companionship, as well as much of the music and ritual with its emotional appeal and its roots in historical simple faith.

I drifted away from the church in the middle years of my life because, as a scientist, I found that much of its teaching did not make sense to me.

I came to disbelieve much that has been added to Christianity over the centuries, particularly at the time of the development of the Nicaean creed. I see it as," teaching as doctrine the precepts of men" (Mark 7.7). Even today I would be counted a "heretic" by many Christians and would probably have been at risk of burning at the stake in times gone by!

Jesus, himself was not a Christian. This term and many of its precepts were added after His death

I would describe myself, not as a Christian, but as a **follower of Jesus** because I try to live according to His teaching and the example of His life, difficult though that is at times. I am content to try to follow Him to His vision of God as a Creative Force with the characteristics of a loving father.

Jesus as a human in His time was unlikely to have known the current theory of the creation of matter from energy. Even if he did, His vision of the Creative Force had to be described in anthropomorphic terms as God, if His message was to be understood by the people of His time, who lived and worked as shepherds: farmers: fishermen: craftsmen and traders.

I find that nearly two millennia later, Jesus' teachings are still very relevant to many of life's problems today when I allow myself to translate them from the essentially pastoral and craft dominated economy, in which Jesus lived, into the industrial and increasingly cyber driven economy that we live in today.

Over the centuries, His teaching has grown to be seen only as instructions for getting to Heaven, though it was essentially practical instruction for living life on earth. In this context perhaps the most significant line in the Lord's Prayer is "thy will be done on Earth as it is in Heaven", if like me you believe that Heaven is not a place up there in the sky, but a condition which includes the qualities of love, kindness, courage, honesty and contentment.

Human nature has changed little, if at all, since Jesus' day. There is much practical advice in His teaching. Yes, we "should love our neighbour as ourselves", but that does not involve only soft love. As He showed, it also involves" hard/tough love", which helps people face up to their problems and find a way of overcoming them, thus increasing their self-respect and making them more valuable members of society. It is all part of trying to build heaven on earth.

Very few people change the religion into which they were born, even if they may desert it.

All over the world, different religions evolved, which resonated with people from different geographical and historical backgrounds. At the root of nearly all these religions lies the belief that if life is to go well on earth, we must "love our neighbour as ourselves" or "do as we would be done by".

# This Core Belief." Love your neighbour as yourself" has been the essential at the heart of human development.

Unfortunately, this basic message tends to fall by the wayside, if members of the priesthood and other thinkers with human weaknesses and ambitions, lead their followers into ways of hate and war. Many dreadful things have been done in the name of religion, but we must not lose sight of the fact that other beliefs such as Nazism and Communism have also done equally dreadful things.

### Jesus said that His teaching should be taken to all the people of the world.

To my mind that means only what we know of His teaching and life. Not what has subsequently been added to it over the centuries.

I do not think it matters, which religion or belief system people follow if it brings them comfort; companionship; happiness; strength in the vicissitudes of life; enjoyment of beautiful music and rituals that help to them to subscribe to the core belief that here on earth we should "love our neighbour as ourselves". People should be free to follow whatever religion resonates with them and helps them to follow this central message.

With the proviso that whatever our religion, if we find our leaders, trying to compel us down paths, which are antipathetic to this message

# We, as individuals, must have the courage to refuse to follow down that route.

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## 3. !s anything regired of us in life?

# By whatever name we call our spiritual guide, we have to recognise that it has led the human race to a position of dominance in the world

With our Science and Technology, we have learnt to control Nature in many ways.

- To a very large extent we have replaced the need for muscle power of both humans and animals with machines
- With the aid of machines, we have been able to produce material goods in ever increasing quantities and at relatively low prices, undreamt of in a world in which all work was done by hand
- In hours or days enormous machines can change the face of the earth in ways which would have taken years or centuries of work with pick and shovel.
- With our technology. We can irrigate large areas previously not suitable for agricultural crops
- We have managed to overcome a shortage of natural organic manure by the use of artificial fertilizers enabling us to grow more food.
- We have learnt to control insect pests, plant diseases and weeds with man-made chemicals.
- With the invention of trains, cars and aeroplanes powered almost entirely by fossil fuels, we
  have increased our ability to travel in ways undreamt of before the middle of the nineteenth
  century.
- Development of radio, telephone, television and the Internet have enabled almost instant communication round the world and access to a great store of knowledge
- With steadily increasing medical knowledge, we have learnt to control many of the diseases that decimated the population in the past.

Science has enabled us to do some wonderful things, but it has its downside too, which is rapidly becoming apparent

- Our giant machines can tear up forest or other environmentally sensitive areas, faster than they can be regenerated.
- Poisonous chemicals that can kill weeds or insects that offend us, can also do long term
  damage to the overall balance of Nature. For example, by using neonicotinoids to kill insect
  pests in a crop, whilst totally ignoring the fact that they also kill bees, one of our essential
  pollinators, or destroying soil bacteria and mycorrhiza which are essential to the long-term
  health of the soil and the plants growing in it. Not to mention the fact some of them also
  damage human health.
- Our traditional energy sources of coal, oil and gas, which are the source power for nearly all
  our machines, are running out and despite recent efforts no really satisfactory renewable
  energy sources have yet been found
- Our ability to create massive quantities of machine-made goods relatively cheaply uses natural resources faster than they can be renewed and simultaneously leads to ever-increasing waste disposal and pollution problems.
- Present economic thinking is based on ever rising production of goods with built in obsolescence, whilst a high-tech advertising industry stimulates excessive demand for material goods
- The problem of water deficiency is becoming urgent. We can't make water. We are extracting water for irrigation from underground aquifers faster than it is being replaced by Nature. We are also destroying vast swathes of forests that encourage the precipitation of rain.
- The future is frightening. Our technical ability gets ever greater and the introduction of robots will enable us to carry out even more destructive work for the so-called benefit of mankind.
- Meanwhile the achievements of medicine and agriculture, which have kept at bay famine and disease, have allowed a rapid increase in the world population. It is spiralling out of control.

Many valiant people are struggling to solve all the problems listed above, but important though this work is, it is just nibbling at the edges of the problems.

Where does this leave us?

The two fundamental problems facing the world are <u>Human Population explosion</u>, which is closely related to our present <u>Misguided Economic Model</u>

### The Human population explosion

When I was born there were some three billion people in the world. We are now fast heading towards nine billion. All these people will quite understandably aspire to the same standards of living as the western world with all our material goods, thus exacerbating at ever increasing rate the problems listed above.

It is urgent that heads of government should start talking about the population problem at their global conferences <u>NOW</u> before we tip Nature to its breaking point

A good start would be to propagate the idea that it is **anti-social to have more than two or three children** and putting in place measures to support this, such as:-

- universal education about contraception.
- easy access to contraceptives and the morning after pill
- giving child support for no more than two children
- some positive incentive to stay within the limit?

This on its own will not be sufficient, we must also change our economic thinking.

### The Economy

The present Economic paradigm, which is based on the need for a steady 2% growth in GDP and accompanying wage rises, is simply not sustainable for very much longer, Measures to rectify the situation will require slow and patient guidance to lead people away from a system, which in order to keep the economy 'afloat' relies on them to spend, spend, spend and measure their happiness in terms of possessions.

We have an ever-greater demand for food, water, housing, clothing, transport and services, not to mention all the domestic appliances and electronic gadgetry that we all now take so very much for granted. This puts a huge demand on global resources and is accompanied by vast problems in chemical pollution and waste disposal.

The resources of the planet are finite. As mentioned above, we are fast running out of reserves of fossil fuel and water and destroying renewable reserves, such as forest, faster than that Nature can replenish them. In the process we are destroying the natural habitat of many plants and animals. The rate at which species are becoming extinct is increasing. Nature is a delicately balanced recycling machine and the decimation of all sorts of small and to us apparently insignificant creatures will destroy this ability to re-cycle and renew.

Measures have been proposed above that might slowly bring the world population down to a size that the world can naturally sustain, but they must be accompanied by measures to **achieve a sustainable Steady State Economy** to serve the stable human population. Within this the basic living wage would remain steady. There would inevitably be loss of jobs in manufacturing whilst demand for an excessive number of goods was reduced.

#### Measures which might help to rectify the present situation-

- Manufacturers should be given incentives to cut back on producing goods with built in
  obsolescence and to make high quality goods with a long guarantee period, which are both
  repairable and where appropriate suitable for modification when future improvements are
  devised.
- This would mean laying off some of the workforce, but if at the same time manufacturers train some of their workforce to repair their goods, it would provide the opportunity for people to set up their own small businesses. Manufacturers, who do this should be given due recognition of their achievement in the form of certificates acknowledging their achievement or appearance in the Honours List.
- Every incentive should be given to encourage the development of small businesses in care, entertainment, leisure activates and all the creative arts. They should be taxed very lightly so that the money earned feeds back rapidly into the economy from bottom up.
- Every encouragement should be given to the setting up of Friendly Societies and the Creation of Charitable Micro Banks, such as are used to help people in Third World countries establish small businesses.
- Everyone, whether or not in full time employment should have the right to set up a
  microbusiness at home, in their garage or garden shed with a very simple accounting
  system. From this they should be able to earn, say, up to £5,000 without any effect on their
  tax, living wage, benefit or pension. This money would almost certainly go straight back into

- the economy giving it a badly needed boost from below, but more importantly it would encourage people's initiative and self-respect.
- Every incentive should be given to the development of energy sources other than fossil fuels. Perhaps there could be a tax on the use of non-renewable energy resources, which could be used to reduce income tax. This would help to encourage peoples support for the changes involved in these plans.
- Some control on the use of Credit cards would probably be necessary, possibly one that
  allowed people to overdraw only up to 10%, on the funds that they have in their account at
  time of use. Hopefully this would discourage impulse purchases and encourage saving for
  things they really need.
- Work to alleviate all the problems generated by human over population such as energy shortage, pollution, overuse of toxic chemicals and the human element of global warming must continue and would in itself generate more jobs.
- The fit unemployed should be given paid work on environmentally desirable projects, instead of benefits. Where this does not generate any income, it should be paid for out of tax, but at least it has the big advantage of getting environmentally important work done whilst increasing employment and helping to feed money in at the base of the income pyramid.
- A smaller population would make it possible to move towards a more biochemically rational
  approach to medicine based on a diet of organically grown food. This would discourage the
  present intensive use by farmers of toxic chemicals in weed killers and insecticides and the
  over use of artificial fertilisers. They would also back away from growing GM crops.
- Banning the use of preservatives, colorants and taste enhancers in manufactured food would see a marked improvement in human health.
- The above two measures would save the NHS millions, if not billions, and enable doctors to back away from their present intensive use of medical drugs, which are aimed at treating symptoms rather than getting at the cause of a disease.
- Government should aim to become Small Government concentrating on the essentials,
  Defence, Law and Order and oversight of infrastructure planning. Maintain the NHS for
  serious illnesses, whilst encouraging the setting up of small health and welfare businesses
  and as it is doing now encourage more and more independence in education. Obviously both
  in health and welfare and education, it should have some system to ensure that adequate
  standards are maintained, but the touch should be as light as possible and not involve
  hordes of bureaucrats.

### People throughout the world are seeking Equality

### What do we mean by equality?

Every person on earth is of equal value regardless of their race, colour, creed, talents, wealth or lack of it.

Though we are essentially all the same, we are also all as different as our thumb prints with different temperaments, talents, abilities and energy levels. It is pointless to claim that we are equal in all these respects.

Society's aim should be to ensure that everyone has **equal opportunity to develop their talents to the full.** 

People should be given every opportunity to use their talents. Some people will have gifts that enable them to set up and run flourishing businesses, others have great talents for friendship, happiness and caring. Unfortunately, these latter talents are not great income earners as they do not produce goods for sale.

### Equality of income is an impossible dream.

People's incomes will inevitably be widely different. Pay is will always be closely related to the number of people, who have the ability to do a particular job,

But, society should ensure that everyone working a full week in a job, however menial, has an income sufficient for their essential needs and the respect of the community.

Their income should cover housing of a decent standard, winter warmth, food and clothing, as well as access to good schooling for their children and healthcare, plus say 10% additional income for small luxuries.

The wage should also include a sum for obligatory investment in provision for old age and ill health.

There should be no way in which any Government would be able to control money paid into the obligatory Old Age Pension and Health scheme. Part of this would be invested in the equivalent of a private health scheme and the rest invested in a pension scheme that pays out a set amount each week on reaching pensionable age. This fund would remain the property of the person to whom it was paid, but should perhaps be managed by a central banking facility. It would replace the Old Age Pension and enable people to purchase their own care from the NHS or other providers and incidentally provide many more jobs in the welfare field. Obviously, such a scheme would have to be phased in carefully, with those who have acquired pension rights under the present Scheme receiving pension under the present rules, in proportion to the number of years they have worked before the new payment rules were phased in

A parent caring for under school age children at home should be paid the equivalent of living wage for a full working week instead of benefit, but should have an obligation to go to mother and baby club, once or twice a week to try and ensure that those children born to deprived families are exposed to the same range of knowledge and attention that children from more fortunate families receive automatically. It would also enable the parents to make friends with whom they could share the rest of their time, as being alone in a house with small children can be a lonely job.

People caring for sick or elderly relatives at home should also receive the wage for a full working week and possibly some similar arrangement to help their social life.

Research shows that this level of income can support a happy and contented life. Above this level, if people become heavily involved in the consumer society, envy, selfishness and greed can creep in and the level of happiness and contentment can decline markedly, especially if people have no firm ethical or moral framework to their lives.

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The ideas discussed above would support the more disadvantaged members of the community.

Nevertheless, it is important that people should use their energy and talents in the service of their family and the wider community to the maximum and in so doing many people will earn far more

than the essential minimum. The challenge then becomes for them to find an ethical and moral system that enables them to retain their happiness and contentment, whilst using their excess wealth and talent to further the good of the nation and causes in the wider world.

We should celebrate those businesses, which produce the goods that are the wealth of the country, provided that they treat their workforce well, ensuring that they have good working conditions and a fair wage and that the price to their customers is fair in relation to the cost of production. If those who run such businesses become wealthy, we should not grudge it to them. They are the providers of jobs and of goods, who add to the wealth of the nation. Manufacturers, who do this should be given due recognition in the form of certificates or appearance in the Honours List to acknowledging their achievement.

If these people choose to spend their personal wealth on yachts, cars, second houses and so on, they are still providing work for other people. Again, the proviso is that they should treat those who work for them well.

It is counterproductive to tax businesses too highly as that may force them to move their work to other countries with less penal taxes, thus killing the golden goose that brings wealth and work to this country.

Some measures should be introduced to curb the huge salaries and bonuses that those in the economic and financial professions award themselves out of all proportion to the value of their work, which is often "socially useless." Perhaps a suitable multiple of the national living wage could be agreed with anything over this being paid over directly in tax.

Attempts should be made to separate the useful elements of the stock market from that part of it which has become a high powered gambling machine under the influence of modern communication technology.

#### At the same time, we have to accept that we have become the dominant species in Nature

We need to start treating all nature with the same respect as ourselves. The balance of nature is a delicate one. Destroying any part of it can and will have serious repercussions.

We have to learn to hold the balance ourselves because we have deprived nature of so many of its own corrective measures, which until now have kept the delicate balance between the various species, which are essential to the long-term health of life on earth.

This, too, will not be an easy task. We cannot just have "soft love" for every living creature. It is to be hoped that as human population pressure declines, nature itself will start to restore a healthy balance, but there will certainly be times in which we shall have to take measures to curb excessive populations of some species. Our aim should be to do this as quickly and painlessly as possible without the use of chemicals.

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The measures suggested above could help us to draw back from the brink of global disaster, but only if the idea of the core Belief, as described above becomes widely accepted in the world

It is urgent that heads of government should start talking about these problems <u>NOW</u> before we tip Nature to its breaking point.

The greatest problem of all will be to help people to accept the necessity for these changes.

There will inevitably be a fall in the standard of living, if measured in terms of quantity of material goods. Some people may also feel loss of freedom by being discouraged from having more than two or three children

During the twentieth century, many people have lost the belief that there is any spiritual/immaterial power that guides Creation. As mentioned earlier, they believe that mankind is the pinnacle of creation, the only intelligent life form. For them there is no possibility of any form of continued existence after death of the body.

For this reason, they seek to prolong human life by every means made possible by increasing technical knowledge. They also believe that it is the right of individuals to live their life to the full following their own desires, gratifying their every wish, regardless of the effect this may have on others.

How best can people be weaned away from this mindset of **envy**, **selfishness and greed** which has become established in every level of society since the end of the Second World War?

It requires radical re-thinking of so much that has come to be taken for granted in the modern world.

Understandably, our global leaders and politicians, with their eye on the ballot box, are reluctant "to grasp the nettle" of trying to convince their people of the urgent need for the reforms suggested above.

It will not be an easy. It will be a slow process and will take great reserves of patience and "strong love".

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The future is frightening. Our technical ability gets ever greater and the introduction of robots will enable us to carry out even more destructive work for the so-called benefit of mankind.

Is this all pie in the sky? To me, it seems that those of us, who believe in some spiritual power, beyond the material world, whatever our faith, have a responsibility to disseminate these ideas with kindness and empathy to all people in the areas in which we live.

If Mankind cannot achieve a Sustainable Economy and does not accept responsibility for helping to restore the Balance of Nature within this Century, Nature will reassert itself by reducing the population through Disease, Famine and War, as we compete for water and other increasingly scarce resources.